

# Letter to Parent/Guardian Explaining Requirements for School Meal Modification Requests

Dear Parent/Guardian:

Your child's school:

1. Will make meal modifications prescribed by a licensed physician, advanced practice nurse with prescriptive authority or physician assistant to accommodate a disability.
2. Will make meal modifications prescribed by a medical authority due to a food allergy/intolerance or other medical condition that does not rise to the level of a disability.
3. Will make substitutions for fluid cow's milk due to a food allergy/intolerance or for other reasons.

The *Medical Statement for Disability- School Meal Modification (SD-1)* and *Medical Statement to Request School Meal Modification (SD-2)* forms are attached to this letter. On the front of each form there are further instructions and information about the meal modifications that can be requested under federal regulations, and the procedures that apply to either an allergy/intolerance that rises to the level of a disability (SD-1) or an allergy/intolerance that does not rise to the level of a disability (SD-2). Please read this information carefully before completing the appropriate form.

Only the types of meal modifications explained in the first paragraph of this letter are applicable to your child's school.

To ensure the requested meal modifications can be made on the first day of school, return the completed medical statement by August 15th to Max Huppert at [mhuppert@ssk12.org](mailto:mhuppert@ssk12.org) or 325 7<sup>th</sup> St, Steamboat Springs, CO 80487.

If you are submitting a request for meal modification at a time other than the beginning of the school year, it will take approximately 14 school days from the time the request is received until it can be implemented.

**IMPORTANT:** For a student who does not have a recognized disability, the only fluid cow's milk substitutions allowed by USDA are: (1) lactose-free fluid cow's milk (1% or skim) or (2) a non-dairy beverage with a nutrient profile equivalent to fluid cow's milk as specified in federal regulations.

If you have questions or need assistance, please call Max Huppert at (970) 846-4936.

Sincerely,

Max Huppert  
Steamboat Springs School District  
Director of Nutrition  
(970) 846-4936

This institution is an equal opportunity provider.